

ARK VOYAGE



News Letter of Don Bosco Animation & Research Kendra, New Delhi

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Captain Speaks...

ROLE OF YOUTH SPIRITUALITY IN THE NEW PEDAGOGY



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Youth Spirituality forms the sure foundation on which the new pedagogy for the formation and education of the young rests.

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The aim of Education is to turn all the young into agents of the “Good News”, that is, to usher in the Kingdom of God - a Society where Love, Justice, Peace, and Equality reign.

Presence of God in the lives of the young makes the difference in this process of education. This presence gets deepened through prayer, intimacy with God, and the awareness of His active presence in their daily lives.



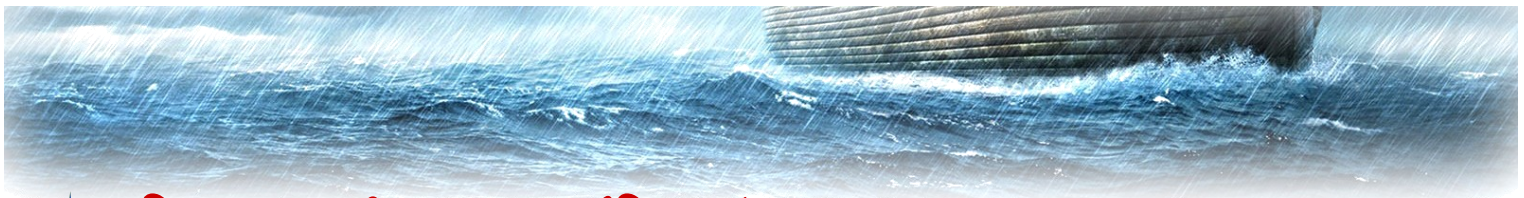
The Culture of Discipline, which is distinguished from mere discipline is possible when the interiorization of the convictions takes place. This process is facilitated when God-element is inculcated in the students. **These convictions are deepened in an atmosphere of freedom and spontaneous search.**

The young acquire the power of Intention when they learn to look at life from an eternal perspective. Every young person needs to go through a good Faith formation.



The awareness of the Presence of God in the lives of the young leads them to discover the marvels that God has endowed them with. The more they discover themselves and the gifts they are endowed with they become enthusiastic to develop them. Here the parents and the educators accompany and motivate them to discover. **This spiralling effect of self- discovery and self-development makes them more and more optimistic and joyful.**

This joyful optimism, when inspired by the Love of God, leads them to greater imagination, and creativity, which make them more loving and loveable. The awareness and the experience of the Love of God and His presence in others make them reach out in a culture of solidarity.



☀ Captain Speaks... (Contd.)

They get involved in projects and services to share their joy with those in need. **Their Faith in God and Love of God get fructified in good deeds.**



They get courage to stand up for justice and honesty when confronted with values that are opposed to Values of the Scriptures.

The young discover that no harmony of any particular culture or time is perfect. We are moving towards the perfect harmony, the omega point. In this process they detect the dissonant notes of the present harmony and seek for solutions. They identify the core of today's value conflict, namely inequality in society. The young read through the contradiction involved in justifying inequalities among us.

The young crave for living together in communion and friendship. They realize that this is possible when they can apologize and forgive - both of these are two sides of the same coin of forgiveness.



The youth become the megaphone of today's society, shouting aloud the injustice and inequalities in society, and search for solutions. Mature and liberated adults - parents and educators - need to accompany the young in this mission of theirs, perfecting the present culture that they are living in. **Such enlightened youth beckons today's society to a new harmony - a value revolution.**

Only when they see and enjoy the Love and Care of a parent/an educator whom they can see, can they think of a God whom they cannot see, but is loving and caring.

The awareness of the eternal perspective in their lives leads them to focus on things that matter for eternity. They get the grace to focus on the needs of others. It is the Love of God that urges them to do good and reach out to others. The more they nourish this desire of doing good to others, the richer they become in their relationship with God.

Once the young have the final goal in mind, they move towards their destiny, where they hear the echo: "Well done my son/daughter, you have fulfilled the mission entrusted to you. Come and enjoy the Eternal Bliss with Me." This vocational fulfilment is the final goal every person.



Spirituality is about living each day immersed in God. The all pervading presence of God gives meaning and purpose to the lives of the Young.

"Walk tall with heads high because God is constantly touching you in every movement of yours"

- Fr. Joe Arimpoor, sdb



Youth Animation Program (YAP)



School: St. Mary's Convent Senior Secondary School, Jagatpura, Jaipur

Program: Life Skills

Dates: 1st - 3rd February, 2017

Resource Person: Mr. Mukesh George, Mr. Chandra Sekhar, Mr. Atul Leo Bara, Mr. Allwyn Sequeira and Ms. Anjana Alex

Total Participants: 419 Students (VIII, IX & X Classes)

Everyone lives in his/her own way but given a chance to think and adapt to the change as per the times, can make our lives to be better



"Have you ever thought day-to-day communication, maintaining a healthy relationship, expressing our emotions and many more, are the skills that one possesses?"

DB ARK Team is here to accompany you and share different ways of enhancing oneself



School: St. Anselm's Pink City Sr. Sec. School, Malviya Nagar, Jaipur

Program: Life Skills

Dates: 6th - 11th February, 2017

Resource Person: Mr. Mukesh George, Mr. Chandra Sekhar, Mr. Atul Leo Bara, Mr. Allwyn Sequeira and Ms. Anjana Alex

Total Participants: 750 Students (VIII, IX & X Classes)

A week long program holding topics under Life-Skills catered to the students

The school and its systems can make sure of the academics very well. One needs more than that if we talk about "all-round education".

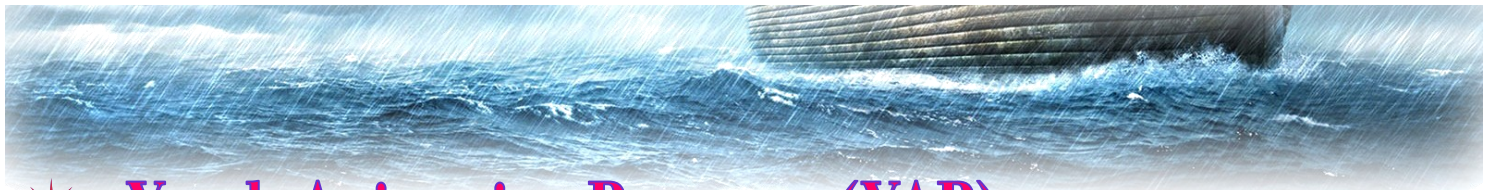
We appreciate the Principal of the school who gives priority for the growth of the very 'Person' and not just getting good result in academics.



Young people are on the verge of making bad decisions for themselves if not accompanied wisely and taught the way to channelize their energy of emotions into a positive direction.

'Handling Emotions' is one area we must look into and get the able guidance for students.

Before we make any move in giving advice in this direction, one must try to find out the reason for their expression.



☀ Youth Animation Program (YAP)



School: St. Angela Sophia School, Ghat Gate, Jaipur

Program: Life Skills

Dates: 13th & 14th February, 2017

Resource Person: Mr. Mukesh George, Mr. Chandra Sekhar, Mr. Allwyn Sequeira, Ms. Anjana Alex and Ms. Arya Jose

Total Participants: 200 Students (IX Class)

Only a dedicated management of the school can think of giving their students a break from their studies.

This type of break helps them to sort out some deep issues which sometimes go unattended.



“Why do we have such inequalities in our society? Why cant we have an equal treatment for everybody?”

A few such questions were raised by the students in the beginning itself

The young is meant to laugh and be cheerful. When it comes to education there also if fun-learning is possible (and it is possible) we should create such environment.

Team DB ARK is coined as very approachable, cheerful one and that is the strength of it.

☀ Teachers' Enhancement Program (TEP)



School: St. Anselm's Pink City Sr. Sec. School, Malviya Nagar, Jaipur

Program: Clarion Call to the Teachers

Dates: 11th February, 2017

Resource Person: Fr. Joe Arimpoor, sdb

Total Participants: 140 Teachers

The rapidity and complexity of changes in today's teaching and learning process demand an accelerative approach towards updating the teachers.



Fr. Joe is totally dedicated to help schools in motivating the teachers to become leader teachers.



Parents' Empowerment Program (PEP)



School: St. Mary's Convent Senior Secondary School, Jagatpura, Jaipur
Program: Five Love Languages
Dates: 2nd February, 2017
Resource Person: Fr. Joe Arimpoor and Mr. Mukesh George
Total Participants: 300 Parents

The scenario is changing and so is parenting style

We are all children of some kind of punishment or comparisons.
 We may hardly find any fault with this approach. But psychologically it affects the growth of a child.
 Children of today are able to question this style of parenting.
 Should we get upset because of that or adapt to a better style to bring them up?



One way dealing with the challenging age is to come together (Teachers and Parents), join hands, plan and move forward.

We all know one thing that definitely works with everyone, Love!

If the way of communicating to each other is permeated with the feeling of Love, one understands the best !



School: St. Anselm's Pink City Sr. Sec. School, Malviya Nagar, Jaipur
Program: Five Love Languages
Dates: 7th, 9th & 11th February, 2017
Resource Person: Fr. Joe Arimpoor and Mr. Mukesh George
Total Participants: 330 Parents

Do I, as a spouse first, express my love to my partner?
 If yes, then I am understood very well.
 But we shall all know what happens otherwise.



Am I giving enough time to my family, to my spouse and children especially?

Not just spending 'some time' but being present with them and spend "Quality Time".

The time where the center of your focus is the one you love.

"What else can I do" is your attitude for the ones whom you love.
 For...

"Love doesn't talk of minimum obligations but of maximum possibilities!"

Friendly Chat !



School: St. Mary's Convent Senior Secondary School, Jagatpura, Jaipur

Program: Friendly Chat

Dates: 1st - 3rd February, 2017

Resource Person: Fr. Joe Arimpoor and Ms. Arya Jose

Total Participants: VIII, IX & X Classes



Students always crave for an adult listening ear.



School: St. Anselm's Pink City Sr. Sec. School, Malviya Nagar, Jaipur

Program: Friendly Chat

Dates: 6th - 11th February, 2017

Resource Person: Fr. Joe Arimpoor, Ms. Arya Jose, Ms. Sneha C. Saji and Ms. Himan-shi Singh

Total Participants: VIII, IX & X Classes

Often the term counseling has a social stigma attached to it.



A friendly chat leads the young to talk openly and freely in a friendly atmosphere. Friendly chat leads them to further sessions where problems of different kinds are dealt with.



School: St. Angela Sophia School, Ghat Gate, Jaipur

Program: Friendly Chat

Dates: 13th & 14th February, 2017

Resource Person: Ms. Sneha C. Saji, Mr. Chandra Sekhar / Mr. Mukesh George

Total Participants: IX Class

Young is also confused between the commands from the school and the parents. Be it the case of choosing a career, studying a particular stream for it, strained relationships first at home, and then between friends, teachers and the management.

Friendly chat was a timely intervention which was very much appreciated by the students. They were flocking to the animators for a second chance and requested to visit for a third and fourth time too.

The DB ARK team in their review meeting, decided to make this intervention as a part of all the animation programs.

Spec!al Programs



Institution: Don Bosco ARK
Program: PROPS Meeting
Dates: 22nd February, 2017
Resource Person: DB ARK Team

PROPS

Planning Review Orientation and Planning Session



Youth Animation Program Department (YAP) has successfully completed the target of conducting 200 programs and did four more programs.

The report being presented by Mukesh George, the Team Leader of the department

The team DB ARK as it is trained in such a way that the members can work with any department when needed.

Anjana Alex presents her contribution in Youth Animation Programs and her work in the department that she heads "DB ARK Chronicles" under guidance of the Director himself.



PYYAR being the most cordial department of DB ARK is supported with positive suggestions by all the members of the "ARK". Bijay Kumar Hembram gives the report on the progress they have made in this department as he leads the team for PYYAR.

☼ Special Programs

Fr. Joe's ARK Family



A new support group for DB ARK Mission
Every 19th of the month we remember and pray for the members of this Family.

You are invited to become a member of **"Fr. Joe's ARK Family"**
By making a small contribution either monthly or from time to time.

You may
1. Draw the cheque in favour of: "Don Bosco ARK" or
2. You can transfer the money to: AC Name: Don Bosco ARK,
AC# 13020100235970,
IFSC: FDRL0001302
The Federal Bank, Nehru Place, New Delhi

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